

MISSION STATEMENT

Physical Education is based upon the acquisition of knowledge and skills that are the foundation for engaging in physical activity. The mission of Physical Education is to empower all students to sustain regular, lifelong physical activity as a foundation for a healthy, productive, and fulfilling life. Physical Education is a sequential educational program. It is based on physical activities undertaken in an active, caring, supportive, and non-threatening atmosphere in which every student is challenged and successful.

YEAR 9: 4 periods per fortnight

All students are engaged in a wide range of sporting activities across all categories of sporting activity. The curriculum is designed to reflect the ever changing sporting environment. The activities are taught in blocks of 4/5 weeks covering the basic skills developing into structured games play.

YEAR 10: 3 periods per fortnight

In Year 10 students continue to develop their individual skills in a wide range of sporting activities. They also start to apply these skills into more complex structured games situations. There is an element of choice included in the activity programme, where students get the opportunity to participate in alternative sporting activities, e.g. climbing, trampolining, cycling etc.

YEAR 11: 2 periods per fortnight

In Year 11 students get the opportunity to choose their activities based on a leisure recreation programme. The school has a strong link with Huddersfield University and students are transported to the University to use their modern sports facilities. The activity programme involves futsal, basketball, football, spinning classes, fitness training, squash etc.