

LEVEL 1/2 CAMBRIDGE NATIONALS IN SPORT STUDIES

Examination board: OCR

5 periods per 2 weeks

These qualifications have been designed with practical and engaging ways of teaching in mind and enable learners to:

- Develop a range of skills through involvement in sport and physical activity in different contexts and roles;
- Develop their ability to apply theoretical knowledge to practical situations;
- Gain a better understanding of the complexity of different areas of sport and the sports industry;
- Increase their awareness of different ways to stay involved in sport and physical activity and of different careers and roles within sport.

Students cover 4 units:

RO51 - Contemporary issues in sport

- Understand the issues which affect participation in sport;
- Know about the role of sport in promoting values;
- Understand the importance of hosting major sporting events;
- Know about the role of national governing bodies in sport.

RO52 - developing sports skills

- Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity;
- Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity;
- Be able to officiate in a sporting activity;
- Be able to apply practice methods to support improvement in a sporting activity.

RO53 - Sports leadership

- Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership;
- Be able to plan sports activity sessions;
- Be able to deliver sports activity session;
- Be able to evaluate own performance in delivering a sports activity session.

RO56 – Developing knowledge and skills in outdoor activities

- Know about different types of outdoor activities and their provision
- Understand the value of participating in outdoor activities
- Be able to plan an outdoor activity
- Be able to demonstrate knowledge and skills during outdoor activities

Assessment

- Unit R051: 1 hour written paper 60 marks (60 UMS) OCR set and marked.
- This question paper comprises short answer questions, extended response questions and some use of multiple choice questions.
- Units R052, R053 & R056: comprises of centre assessed task(s). Centre assessed and OCR moderated.

- Each unit is worth 25% of the total course marks.