

LEVEL 1/2 CAMBRIDGE NATIONALS IN SPORT STUDIES

Examination board: OCR

5 periods per 2 weeks

These qualifications have been designed with practical and engaging ways of teaching in mind and enable learners to:

- develop a range of skills through involvement in sport and physical activity in different contexts and roles;
- develop their ability to apply theoretical knowledge to practical situations;
- gain a better understanding of the complexity of different areas of sport and the sports industry;
- increase their awareness of different ways to stay involved in sport and physical activity and of different careers and roles within sport.

Students cover 4 units:

RO51 - contemporary issues in sport

- understand the issues which affect participation in sport;
- know about the role of sport in promoting values;
- understand the importance of hosting major sporting events;
- know about the role of national governing bodies in sport.

RO52 - developing sports skills

- be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity;
- be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity;
- be able to officiate in a sporting activity;
- be able to apply practice methods to support improvement in a sporting activity.

RO53 - sports leadership

- know the personal qualities, styles, roles and responsibilities associated with effective sports leadership;
- be able to plan sports activity sessions;
- be able to deliver sports activity session;
- be able to evaluate own performance in delivering a sports activity session.

RO54 - sport and the media

- know how sport is covered across the media;
- understand positive effects that the media can have on sport;
- understand negative effects that the media can have on sport;
- understand the relationship between sport and the media;
- be able to evaluate media coverage of sport.

Assessment

- Unit R051: 1 hour written paper 60 marks (60 UMS) OCR set and marked.
- This question paper comprises short answer questions, extended response questions and some use of multiple choice questions.
- Units R052, R053 & R054: comprises of centre assessed task(s). Centre assessed and OCR moderated.

- Each unit is worth 25% of the total course marks.