



Prince's Trust

xl programme

PRINCES TRUST

SHELLEY COLLEGE xl CLUB

In May a new course started at Shelley for Year 10 students, called xl CLUB. It is organised by The Prince's Trust and uses an informal approach to learning. The club aims to provide students with the space and attention they need to develop confidence as well as to form a sense of ownership over their work and their own development.

The students work together as a team to deliver enterprise and community projects, developing a culture of mutual respect and co-operation.

The programme has been consistently successful in helping young people develop a sense of achievement. The xl programme is a chance for students to re-think their expectations.

The students engage in a programme which includes five activity areas:

1. Personal, Interpersonal and Team Skills
2. Active Citizenship
3. Entrepreneurship and Enterprise
4. Preparation for Work
5. Enrichment Projects

So far the students have been working on developing their team skills through problem solving tasks in lessons and have also take part in team activity games at Outdoor Lazer Tag in Wakefield. Future activities involve a team building afternoon at Kingswood Outdoor Activities Centre at Penistone.

The group has also had a talk about life choices from a Sky Paul Broadbent ex rugby league player, who reflected on his own life and the choices he made to becoming a professional rugby league player. The students had to decide on a list of questions to ask Paul and he commented on how good these questions were. He also gave each student a signed photograph.

Recently the students have worked together to clear up the outdoor paths for the cross country competition which is held during PE lessons. After the competition has finished the students are putting together a presentation to give to the rest of the group and some invited guests

For the community project the students are hoping to clear and tidy one of the outdoor quad areas for use as a social area for summer. They also will be hoping to turn their hand to developing some gardening skills and aim to try and grow some produce in the garden.

The course is being delivered by Mr Tunnacliffe and if you feel you may be in a position to support the students in anyway on the course, please get in touch with him at school.

RESULTS

Prince's Trust xl clubs have proved their effectiveness in harnessing the potential of young people who might otherwise have been left behind.

Young people faced a range of challenges before joining the programme:

- 37% of young people had been **excluded from school**
- 49% had **attendance rates of lower than 90%**
- 81% said they faced **challenges at school**

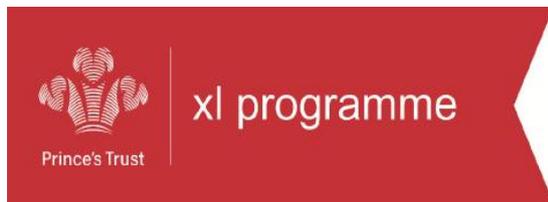


80% of young people said the xl programme had helped them improve their skills

92% of young people moved on to a positive outcome after the xl programme



"I WASN'T INTERESTED IN SCHOOL AND DIDN'T KNOW WHERE I WAS GOING BEFORE. THE PRINCE'S TRUST XL CLUB HAS GIVEN ME A FUTURE, AND THE DETERMINATION TO KNOW HOW I CAN GET THERE." - MEGAN POWELL



THE NETWORK

The Prince's Trust will provide full training for your Adviser and you'll have a dedicated member of Trust staff as your regular contact.

The tried and tested programme is fully supported by materials which include lesson plans and activities. Advisers receive comprehensive teaching resources and access to our online Learning Hub, and each young person has their own Portfolio of Evidence.

The Trust has also developed a network of partner organisations who regularly support Prince's Trust xl clubs to achieve their best. These include corporate partners, plus cricket, tennis and rugby clubs. Where possible, members of the network meet together at celebration days and events.

Each year, The Prince's Trust recognises outstanding achievement through its Celebrate Success Awards which culminate in a high profile national event in spring.

